

# Peninsula Psychological Center, Inc., P.S.

**Peninsula Psychological Center, Inc., P.S.** is a group psychological center that was founded in 1991 by Dr. John Rarick. We have four offices, with our main office located in Silverdale and additional offices in Bainbridge Island, Poulsbo, and Port Orchard.

The center includes licensed psychologists, social workers, mental health counselors, and marriage and family therapists. Providers at Peninsula Psychological Center, Inc., P.S. have been providing mental health services for many years.

Our mission is to provide the community with professional, caring, and confidential mental health care. We have therapists with specialties in many areas, including child, adolescent, adult, and marital therapy. Our center provides Employee Assistance Program (EAP) services as well as consultation to schools, businesses, and other agencies.

The **Attention Deficit Disorders Evaluation Clinic** is another division of Peninsula Psychological Center, Inc., P.S. As implied in its name, consultations are provided to assist in determining whether an individual may have symptoms of Attention Deficit Hyperactivity Disorder (with or without hyperactivity). Evaluations include consultation with the identified client as well as family members, physicians, and teachers, if applicable. We provide evaluation and treatment for children, teens, and adults.

**Northwest Educational Consulting** is a division of Peninsula Psychological Center, Inc., P.S. that conducts evaluations, including cognitive testing for giftedness, assessment for learning disabilities, and consultation regarding educational accommodations to assist students with special needs. The phone number for Northwest Educational Consulting is 360-698-7511.

Peninsula Psychological Center, Inc., P.S.  
P.O. Box 3428  
Silverdale, WA 98383  
[www.kitsapcounselor.com](http://www.kitsapcounselor.com)

# Peninsula Psychological Center Inc., P.S.



**Silverdale Office**  
9201 Silverdale Way NW  
P.O. Box 3428  
Silverdale, WA 98383  
360-698-4860

**Port Orchard Office**  
700 Prospect St., Suite 205  
360-895-1955

**Poulsbo Office**  
20730 NE Bond Rd., Suite 200  
360-779-1006

**Bainbridge Island Office**  
9431 Coppertop Loop, Suite B  
206-855-9535

[www.KitsapCounselor.com](http://www.KitsapCounselor.com)

## Office Hours

The office staff is available Monday through Friday from 9:00 a.m. to 5:00 p.m. The professional staff is available Monday through Saturday. Daytime, evening, and limited weekend appointments are available at the center.

## Payment Plans

Psychologists and therapists at Peninsula Psychological Center, Inc., P.S. are preferred providers for a number of insurance companies, including Aetna, First Choice Health Network, KPS Health Plans, Magellan, MultiPlan, Premera Blue Cross, Regence Blue Shield, Tricare, Uniform Medical, and most other insurances. We offer payment by MasterCard and Visa as a convenience to our clients. We also welcome cash payment.



**Life presents many challenges and circumstances. We work with people to assist them with a number of issues, including the following:**

- Depression
- Anxiety & Stress Management
- ADD/ADHD - Children & Adults
- Behavioral Problems
- Child Adjustment Problems
- Parenting Skills
- School Problems
- Obsessive Compulsive Disorder
- Sexual Abuse Issues
- Panic Disorders
- Women's Issues
- Life Transitions
- Grief & Loss
- Pain Management
- Anger Management
- Bipolar Disorder
- Dysfunctional Family Patterns/ACOA
- Relationship Problems
- Assertiveness & Communication Skills
- Spiritual Issues

**The following services are available through our center:**

- Child, Adolescent, and Adult Counseling
- Marriage and Family Counseling
- Intellectual and Psychological Testing
- Neuropsychological Assessment
- Play Therapy
- EMDR
- Alcohol and Substance Abuse Evaluation
- Employee Assistance Program Services
- Organizational Consultation

## Professional Staff

### John Rarick, Ph.D.

Clinical Psychologist, Lic. No. PY00001490  
Clinical Director

### Rich Buckham, Ph.D., P.S.

Psychologist, Lic. No. PY00001000

### Carl Westphal, Ph.D.

Clinical Psychologist, Lic. No. PY00002372

### Leslie Anne Savage, Psy.D., Inc., P.S.

Clinical Psychologist, Lic. No. PY00002840

### Mireille Beauchaine Reece, Psy.D.

Clinical Psychologist, Lic. No. PY00003946

### Teresa Collett, Psy.D.

Licensed Marriage and Family Therapist

### Heather Carstens, M.A.

Licensed Marriage and Family Therapist

### Brendan Reilly, M.S.W.

Licensed Independent Clinical Social Worker

### Julie Parker, M.S.W.

Licensed Independent Clinical Social Worker

### Donna Carter, M.S.W.

Licensed Independent Clinical Social Worker

### Carolynn Caughie, M.A.

Licensed Mental Health Counselor

### Peggy Hostetter, M.S.

Licensed Mental Health Counselor

### Toby Bingham, M.Ed.

Licensed Mental Health Counselor

### Vilma Boon, M.Ed.

Licensed Mental Health Counselor

### Andy Visser, M.A.

Licensed Mental Health Counselor

### Christie Wright, M.S.

Licensed Mental Health Counselor

### Kirby Nave, M.Ed.

Licensed Mental Health Counselor